

## EVERY PERSON IS A DIFFERENT WORLD

We overcome some of the conflicts we experience in life, but sometimes we feel helpless as we remain in the middle of the conflict with our hands tied. "I can't understand people.", "Why do they act like this?" "Why do they act differently when I try to help everyone and control my anger?" We all often encounter thoughts like these. Sometimes we find ourselves in discussions and problems where we don't even know what the problem is. In such situations, I try to make logical decisions by first thinking about why I have conflicts with people and then how we can deal with these conflicts.

A person's character development begins in the womb and is shaped by the social environment, culture and lifelong experiences. Therefore, every person we encounter has a different character and attitude. Therefore, it is not reasonable to expect every person to have the same type of characteristics.

As a person develops, he acquires many abilities; such as punctuality, meticulousness, order, obedience, politeness, honesty, loyalty, justice, diligence, reliability, accuracy, conscientiousness, love, patience and unity. These characteristics come to the fore in people's attitudes towards each other. For example, I attach great importance to the concept of time. If I'm going to be somewhere on time, I definitely plan ahead. But if I'm in an environment that doesn't pay attention to this and I'm going to be late, I try to stay away from the people in the environment I'm in. Because I have difficulty controlling myself when I'm in that environment. I believe that the way to deal with stress in such environments is to get away from there.

Despite all the happiness we experience, families and close friendships often bring conflict, betrayal, regret and anger. These conflicts can sometimes be impossible to resolve. It's not easy to leave the past behind, and sometimes, at least in the short term, that may not happen. However, in such cases, I look for a way out by thinking about which factors are more likely to be resolved.

Throughout my life, I try to avoid hurting, upsetting, or conflicting with the people I love. Although conflict is an inevitable part of most lives, I ask a close friend or expert how I can deal with such situations. This way, I try to overcome the problems.

In short, I adopt a conciliatory style in the face of the problems I experience. I care about sacrifices on both sides, and I see making concessions as a solution, even if it leads to non-ideal results for both parties. Thus, I try to make myself happy in this life, thinking that the problems I experience will be forgotten over time and my current stress will disappear later.